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**Hab-qiyaaska xaalad-nololeedka dadka waawayn (ORS)**

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| Magac \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Da´da (Sannadka):\_\_\_\_  Lambar aqoonsi. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Jinsi: Lab / Dheddig  Wadahadal lambar. \_\_\_\_\_\_ Taariikh: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

|  |
| --- |
| Ma ku muujin kartaa xarriijimaha hoos ku qoran xaaladdaadu siday ahayd asbuucii ugu dambeeyay ( ama ka dib wadahadalkeennii ugu dambeeyay) illaa maanta?  Calaamad lagu sameeyo xagga bidix waxay tusaysaa in aanay xaaladdaadu fiicnayn xagga midigtuna in aad fiicnayd. |

**ATTENTION CLINICIAN**: TO INSURE SCORING ACCURACY PRINT OUT THE MEASURE TO INSURE THE ITEM LINES ARE 10 CM IN LENGTH. ALTER THE FORM UNTIL THE LINES PRINT THE CORRECT LENGTH. THEN ERASE THIS MESSAGE.

**Shaqsiyan:**

(Sidee xaaladdaydu tahay)

I------------------------------------------------------------------------I

**Xiriirka dadka kale naga dhexeeya:**

(Xaaska/nolol-wadaagahaaga, faamiliga iyo qaraabada dhow-dhow)

I------------------------------------------------------------------------I

**Bulsho-ahaan:**

(shaqada, iskuulka, asxaabta)

I------------------------------------------------------------------------I

**Guud-ahaan:**

(Guud-ahaan sida aan dareemayo)

I------------------------------------------------------------------------I

Heart and Soul of Change Project

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 40 | | | | | | | | | | |
| 35 |  |  |  |  |  |  |  |  |  | **SRS Cutoff** |
| 30 |  |  |  |  |  |  |  |  |  | Ka doodis |
| 25 |  |  |  |  |  |  |  |  |  | ORS Cutoff |
| 20 |  |  |  |  |  |  |  |  |  |  |
| 15 |  |  |  |  |  |  |  |  |  |  |
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| wadahadal  Lambar | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

**Qiyaasidda hab-wadahadalka – dadka waawayn (SRS V.3.0)**

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| Magac \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Da´da (Sannad):\_\_\_\_  Lambar aqoonsi \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Jinsi: Lab / Dheddig  Wadahadal lambar. \_\_\_\_ Taariikh: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| --- |
| Sida ugu habboon ma ugu muujin kartaa xarrjimahan sida aad u arkaysay wadahadalkeennii maanta. |

# Xiriirkka:

I-------------------------------------------------------------------------I

Waxaan u arkayay in aan lay maqal, lay fahmin, layna tixgelin.

Waxaan u arkayay in lay maqlay, lay fahmay, tixgelinna aan helay.

**Ujeeddada iyo mawduuca:**

Maanu ka wadahada wixii aan rabay in aan ka hadlo, waxna kamaanu qaban waxaan rabay.

Waynu ka wadahadallay wixii aan rabay. Waxna waan ka qabanay.

I------------------------------------------------------------------------I

**Habka ama sida:**

Habka aynu u wadashaqaynaa aniga iguma habboona.

Habka aynu u wadashaqaynaa waa igu habboonyay.

I-------------------------------------------------------------------------I

**Guud-ahaan:**

Iskusoo duub-duuboo wadahadalkeenii waan ku qancay.

Wax baa ka maqnaa wadahalkayaga maanta.

I------------------------------------------------------------------------I

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**Hab-qiyaaska xaalad-nololeedka carruurta iyo dhallinta (CORS)**

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| Magac \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Da´da( sannadka):\_\_\_\_  Lambar aqoonsi. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Jinsi: Lab / Dheddig  Wadahadal lambar. \_\_\_\_ Taariikh: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Yaa buuxinaya warqaddan? Iskutallaab ku samee: Ilmaha\_\_\_\_\_\_\_ Waalidka\_\_\_\_\_\_\_  Haddii waalidku buuxinayo; maxaad u tahay ilmaha? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| Sidee tahay? Ka warran xaaladdaada? Managa caawin kartaa in aad calaamad ku samayso xariijimaha hoos ku qoran si aanu u fahanno xaaladdaada. Haddaad sawirka wejiga faraxsan tusaya agtiisa calaamadayso waxay tusaysaa in aad fiican tahay , haddaadse wejiga xanaaqsan agtiisa calaamadayso waxay tusaysaa in aanay xaaladdaadu fiicnayn. Haddaad tahay waalid, u calaamadee siday kula tahay in ilmaha xaaladdiisu tahay. |

**Aniga**

(Sidee xaaladdaydu tahay)

I------------------------------------------------------------------------------------I



**Faamiliga**

(Sidee tahay xaaladdayda guriga/faamiliga)

I------------------------------------------------------------------------------------I



**Iskuulka, asxaabta**



(Sidee xaaladdaydu tahay iskuulka iyo markaan la joogo asxaabtayda)

I------------------------------------------------------------------------------------I



**Guud ahaan**

(iskusoo duub-duuboo waa sidee xaaladdaydu guud-ahaan)

I------------------------------------------------------------------------------------I



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**Qiyaasidda hab-wadahadalka – carruurta iyo dhallinta (CSRS)**

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| Magac \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Da´da (Sannadka):\_\_\_\_  Aqoonsi lambar \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Jinsi: Lab / Dheddig  Wadahadal lambar. \_\_\_\_ Taariikh: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| --- |
| Sidee kula ahaa imaatinka halkan maanta? Ma ku muujin kartaa xarriijimaha hoos ku qoran siday kula ahayd. |

# Sida lay qaabilay

\_\_\_\_\_\_\_\_\_\_\_\_\_\_Si fiican la iima maqlin.

Si fiican baa la ii maqlay.

I-----------------------------------------------------------------------------------I



**Muhiim**

Waxaanu samaynay oo ka wadahadalay aad bay muhiim iigu ahayd.

Waxaanu samaynay oo ka wadahadalay aad iiguma ahayn muhiim**.**

I-----------------------------------------------------------------------------------I



**Waxaanu samaynay**

Waan jeclaaday wixii aanu samaynay maanta

Maan jeclaan wixii aanu samaynay maanta.

I-----------------------------------------------------------------------------------I



**Soo geba-gebayn**

Waxaan rajaynayaa in aan samayno waxan oo kale mar labaadka.

Waxaan jeclay in aanu wax ka duwan tan samayno.

I-----------------------------------------------------------------------------------I



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**Qiyaasidda xaalad-nololeedka carruurta yar-yar (YCORS)**

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| Magac \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Da´da (Sannadka):\_\_\_\_  Aqoonsi lambar \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Jinsi: Lab / Dheddig  Wadahadal lambar. \_\_\_\_ Taariikh: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

|  |
| --- |
| Ma dooran kartaa weji ka turjumaya xaaladdaadu sida ay tahay beryahan, ama hoos ku sawir weji si saxa uga turjumaya xaaladdaada? |

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**Qiyaasidda hab-wadahadalka – carruurta yar-yar (YCSRS)**

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| Magac \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Da´da (Sannad):\_\_\_\_  Lambar aqoonsi \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Jinsi: Lab / Dheddig  Wadahadal lambar \_\_\_\_ Taariikh: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

|  |
| --- |
| Ma dooran kartaa weji ka turjumaya xaaladdaada joogitaan ee halkan siday ahayd maanta, ama hoos ku sawir mid si saxa uga turjumaya xaaladdaada? |

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**Hab-qiyaasidda koox u wadashaqaynta (GSRS)**

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| Magac \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Da´da (Sannadka):\_\_\_\_  Aqoonsi lambar \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Jinsi: Lab / Dheddig  Wadahadal lambar. \_\_\_\_ Taariikh: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| --- |
| Xariijimaha hoos ku qoran ma ku muujin kartaa siday kula ahayd koox u wadashaqayntii maanta. |

# Hab-xiriirin

Maan dareemin in madaxdii iyo ka-qaybgalayaashii kale midna i fahmeen, i ixtiramayeen oo/ama i qaddarinayeen

Waxaan dareemayay in lay fahmayay, tixgelinayay oo/ama lay qaddarinayay

.

I----------------------------------------------------------------------I

**Ujeeddo iyo mawduuc**

Wixii aan rabay waa ka wadahadalay kana wada shaqaynay.

Waxaan ka wadashaqaynay ee kada hadallay may ahayn wixii aan rabay.

I----------------------------------------------------------------------I

**Habka iyo sida**

Habka ay madaxda iyo kooxda inta kaleba iila shaqaynayeen iima cuntamin.

Madaxda iyo kooxda inta kaleba si fiican bay iila shaqaynayeen.

I----------------------------------------------------------------------I

**Guud-ahaan**

Kooxdani iima cuntamin. Mana dareemayn in aan ka tirsanaa.

Gebi ahaan kooxdan maanta aad baan u jeclaaday. Waxaanan dareemayay in aan ka mid ahaa.

I----------------------------------------------------------------------I

The Heart and Soul of Change Project

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**Qiyaasidda koox u wadashaqaynta-carruurta iyo dhallinta (GCSRS)**

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| --- |
| Sidee bay kula ahayd ka qaybgelista kooxdan maanta? Ma ka muujin kartaa sida ay kula ahyd xariijimahan hoos ku qoran. |

# Ismaqal

Madaxda iyo dadka aanu wada joognay waa i maqlayeen waana i jeclaadeen

Madaxda iyo dadka aanu wada joognay midna ima maqlayn imana jeclaysan

I-----------------------------------------------------------------------------------I



**Muhiim**

Wax muhiim ah kama anaan wadahadal mana aanu samayn

Wax muhiim ah baanu ka wadahadaly oo samaynay

I-----------------------------------------------------------------------------------I



**Wixii aanu samaynay**

Waan jeclaystay waxaanu maanta samaynay

Maan jeclaysan waxaanu maanta samaynay

I-----------------------------------------------------------------------------------I



Maanta iima fiicnayn meeshu, manaan dareemayn in aan ka tirsanaa kooxda

Maanta way ii fiicnayd meeshu, waxaanan dareemayay in aan ka tirsanaa kooxda

**Geba-gebadii**

I-----------------------------------------------------------------------------------I



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