



## **PCOMS Self-Study Curriculum**

Type and Description	Webinar Title	Duration	Web link
Videos: Rationales for PCOMS  These seven brief videos discuss the six rationales for PCOMS, from addressing the problems in the field to its empirical support to its roots in social justice, and provide a detailed answer about why providers should	PCOMS and Systematic Feedback; PCOMS Solves the Problems in the Field; PCOMS Is Supported by RCTs;	38 mins	Watch Now
consider implementation in their work. Lays the groundwork for the "how to do" PCOMS material.	PCOMS Is a Proven Quality Improvement Strategy; PCOMS Enhances the Factors Related to Success; PCOMS Incorporates the Known Predictors of Outcome: PCOMS and Client Privilege		
Webinars: ORS/SRS			
This webinar details the nuances of the ORS: Introducing the ORS; discussing the client's score in relation to the clinical cutoff and ETR, and allowing the client to make sense of it; Connecting the client's described experience of the reason for service to his or her marks; Ensuring that you have a good rating; and how to use BON with mandated clients.  This webinar covers the nuances of how to introduce the Session Rating Scale as well as	The Nuances of the ORS  Skill 1  Skill 2  Skill 3  Skill 4  The Nuances of the SRS	20 mins 6 min 13 min 8 min 8 min	Watch Now  Only available to BON subscribers; log in and under "Support," find "Webinars."  Watch Now  Only available to
how to achieve maximum client engagement, prevent dropout, encourage client disclosure of problems, and how to capitalize on the ratings when they are good.	Skill 5 Skill 6 Skill 7	9 min 6 min 10 min	BON subscribers; log in and under "Support," find "Webinars."
Webinar: Families  This webinar covers how to use PCOMS and BON with youth and families including when the child is and is not presented as the problem. The complexities of using PCOMS is addressed and tips offered to make it more manageable with BON.	Youth, Families, & Better Outcomes Now	20 mins	Watch Now
Webinar: Follow up Meetings  This webinar presents what do after the first meeting, when clients are changing, and			

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when they are not. PCOMS identifies clients who are not benefiting so that new directions can be discussed and implemented. Barry presents how to host conversations that unearth new avenues out of client dilemmas.	After the First Meeting  Skill 8  Skill 9  Skill 10	20 mins 7 min 8 min 14 min	Watch Now  Only available to BON subscribers; log in and under
William Const			"Support," find "Webinars."
Webinar: Group			
The PCOMS feedback process also improves outcomes for group services. This webinar presents the nuts and bolts of PCOMS with groups presented by George Braucht based in his extensive experience in outpatient and residential settings with alcohol and drug users. Feasibility as well as the optimum group process is highlighted using paper measures and BON. Barry discusses using BON with groups.	Using PCOMS in Groups with Paper and BON	24 mins	Watch Now
Webinar: Supervision			
This webinar presents the fourth, and likely the most important secret of successful implementation of PCOMS: Supervision. Without a supervisory infrastructure that supports providers on the front lines, ensures the integrity of the data, and proactively addresses clients who are not benefiting, then PCOMS will fall flat and outcomes will not improve. Barry discusses the purposes of supervision and the four steps that ensure successful implementation. Although targeted to supervisors, this webinar provides front line folks a look at what they can expect.	Supervision for a Change	22 mins	Watch Now
Client Video			
This video is part of a series of 7 videos that cover both PCOMS and the heart and soul of change—the client and the alliance—with one client in a prison setting struggling with depression and his sense of his identity. A series of recent events including having his parole denied left him feeling hopeless and risked undermining his recovery. This video is the complete session and edited to allow a perspective of being there in the session and its overall flow. Each aspect of PCOMS is covered in separate videos of this client.	Client Video: "The complete edited session with a client."	17 mins	Watch now  Only available to BON subscribers; log in and under "Support," find "Client Videos."
Client Videos			
This video illustrates how to briefly introduce the ORS emphasizing the 2 rationales, discussion of the clinical cutoff via talking about the colors on the graph, and explaining the ETR as what we hope will be accomplished if the work is successful.	Client Video: "Barry introduces the ORS, the clinical cutoff, and the ETR in BON."	3 mins	Only available to BON subscribers; log in and under "Support," find "Client Videos."

This video illustrates how to pick up on the reasons for service from the client description of her concerns and connect to the way she scored the ORS. Given that all scales were scored low, this video also illustrates how to ask the client where they would see the impact first if service was effective, followed by what it would take to move the mark just 1 cm to the right.	Client Video: "Barry connects the client's marks on the ORS to the reasons for service in BON."	4 mins	Only available to BON subscribers; log in and under
Everyone has their style about ending a session. This video illustrates how Barry wraps up the session with a "take home message," that aspect of the encounter that he hopes will continue to resonate with the client. Then the SRS is administered and discussed.	Client Video: "Barry wraps up the Session with the SRS in BON."	4 mins	"Support," find "Client Videos."
This video illustrates the heart and soul of change: the client and the alliance. A young woman struggling with experiences of anxiety and depression re-remembers the fighter inside of her, the same fighter that helped her overcome a fierce addiction to drugs alcohol and maintain her sobriety for a over a year.	Client Video: "Barry demonstrates resource activation."	6 mins	Only available to BON subscribers; log in and under "Support," find "Client Videos."
Readings			
Getting Better at What We Do	Common factors	2 pages	Read now.
What Therapists Want	How PCOMS can accelerate development	6 pages	Read now.
Person of the Therapist	Title explains it	12 pages	Read now.
PCOMS: Revisiting the Client's Frame of Reference	PCOMS overview	11 pages	Read now.
PCOMS: An Integrated eLearning Manual	The whole enchilada	Manual	Purchase now.
On Becoming a Better Therapist	Complete source	Book	1 utchase now.